



Tenth Sunday of Pentecost
August 2, 2026



Introduction

In today's first reading God invites all who are hungry or thirsty to receive food and drink without cost. Jesus feeds the hungry multitude and reveals the abundance of God. At the eucharistic table we remember all who are hungry or poor in our world today. As we share the bread of life, we are sent forth to give ourselves away as bread for the hungry.

First Reading: Isaiah 55:1-5

God invites Israel to a great feast at which both food and drink are free. God also promises to make an everlasting covenant with all peoples, with promises that previously had been limited to Israel. As David was a witness to the nations, these nations shall now acknowledge the ways in which God has glorified Israel.

¹ Hear, everyone who thirsts;
 come to the waters;
and you who have no money,
 come, buy and eat!
Come, buy wine and milk
 without money and without price.

² Why do you spend your money for that which is not bread
and your earnings for that which does not satisfy?

Listen carefully to me, and eat what is good,
and delight yourselves in rich food.

³ Incline your ear, and come to me;
listen, so that you may live.

I will make with you an everlasting covenant,
my steadfast, sure love for David.

⁴ See, I made him a witness to the peoples,
a leader and commander for the peoples.

⁵ Now you shall call nations that you do not know,
and nations that do not know you shall run to you,
because of the LORD your God, the Holy One of Israel,
for he has glorified you.

Psalm: Psalm 145:8-9, 14-21

*You open wide your hand and satisfy the desire of every living
thing. (Ps. 145:16)*

⁸ The LORD is gracious and full ^l of compassion,
slow to anger and abounding in ^l steadfast love.

⁹ **LORD, you are ^l good to all,
and your compassion is over ^l all your works. R**

¹⁴ The Lord upholds all ^l those who fall
and lifts up those who ^l are bowed down.

¹⁵ **The eyes of all wait upon ^l you, O LORD,
and you give them their food ^l in due season.**

¹⁶ You open ^l wide your hand
and satisfy the desire of every ^l living thing.

¹⁷ **You are righteous in ^l all your ways**

and loving in | all your works. R

¹⁸ You are near to all who | call upon you,
to all who call up- | on you faithfully.

¹⁹ **You fulfill the desire of | those who fear you;
you hear their | cry and save them.**

²⁰ You watch over all | those who love you,
but all the wicked you | shall destroy.

²¹ **My mouth shall speak the praise | of the LORD;
let all flesh bless God's holy name forev- | er and ever. R**

Second Reading: Romans 9:1-5

This begins a new section in Paul's letter in which he will deal with the place of Israel in God's saving plan. He opens by highlighting how Israel's heritage and legacy include being God's children, having God's covenants, being given God's law, participating in worship of God, and receiving divine promises.

¹ I am speaking the truth in Christ—I am not lying; my conscience confirms it by the Holy Spirit—² I have great sorrow and unceasing anguish in my heart. ³ For I could wish that I myself were accursed and cut off from Christ for the sake of my own brothers and sisters, my own flesh and blood. ⁴ They are Israelites, and to them belong the adoption, the glory, the covenants, the giving of the law, the worship, and the promises; ⁵ to them belong the patriarchs, and from them, according to the flesh, comes the Christ, who is over all, God blessed forever. Amen.

Gospel: Matthew 14:13-21

After John the Baptist is murdered, Jesus desires a time of solitude. Still, his compassion for others will not allow him to dismiss those who need him, and he is moved to perform one of his greatest miracles.

¹³ Now when Jesus heard [about the beheading of John the Baptist,] he withdrew from there in a boat to a deserted place by himself. But when the crowds heard it, they followed him on foot from the towns. ¹⁴ When he went ashore, he saw a great crowd, and he had compassion for them and cured their sick. ¹⁵ When it was evening, the disciples came to him and said, "This is a deserted place, and the hour is now late; send the crowds away so that they may go into the villages and buy food for themselves." ¹⁶ Jesus said to them, "They need not go away; you give them something to eat." ¹⁷ They replied, "We have nothing here but five loaves and two fish." ¹⁸ And he said, "Bring them here to me." ¹⁹ Then he ordered the crowds to sit down on the grass. Taking the five loaves and the two fish, he looked up to heaven and blessed and broke the loaves and gave them to the disciples, and the disciples gave them to the crowds. ²⁰ And all ate and were filled, and they took up what was left over of the broken pieces, twelve baskets full. ²¹ And those who ate were about five thousand men, besides women and children.